



June 2021 Newsletter

Opportunity Place is a Nova Scotia Works Employment Service Centre. We are here to help you with career planning, job searching and on-the-job support at your convenience. Our team can introduce you to a variety of programs and services that will help you achieve your career goals. All of our services may be accessed in person, over the phone or through online applications. We also work with Nova Scotia's employers to assist with recruitment, planning and Human Resources support.

Free Employment Support Services

We are here to assist with your employment plan!

- Identify Your Employment Needs
- Career Decision Making Assistance
- Job Search Workshops
- Self-Assisted Job Search Centre & Computer Access
- Telephone Access for Job Search
- Learn About Workforce Trends
- Information on Training & Self-Employment Options
- One-on-One Employment Support
- Referrals to Other Agencies

Hours of Operation

Monday to Friday
8:30-4:30

Saturday to Sunday
Closed

Reach us at

902-864-7520

staff@opportunityplace.ca

Mailing Address

108 Cobequid Road, Suite 100
Lower Sackville, NS B4C 2N2

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- ♦ Employment Nova Scotia Funding Programs
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Opportunity Place – Nova Scotia Works



@OPRCNS



Opportunity Place – Nova Scotia Works



Canada

NOVA SCOTIA



Covid-19 Update from Nova Scotia Works

Nova Scotia Works - Opportunity Place is committed to ensuring we provide a safe environment for everyone.

Our team is still here to support you with your employment needs and will provide our services by telephone or virtual platforms.

Please contact us at (902) 864-7520
or email staff@opportunityplace.ca
to see how we can assist you.

We will continue to provide updates on our service offerings. Please visit us online to access current information.

Virtual employment services remain open to
Nova Scotia Job Seekers and Employers

Services that are available to you include:

Job Search Support

- Virtual workshops that are recorded or live streamed
- Resume and cover letter critiques
- Assistance with full resume and cover letter development
- Support with submitting online applications and ongoing job search guidance
- Information and support with using social media as a job search tool
- Interview preparation including “mock interviews”
- Access to provincial funding programs offering employer hiring incentives
- Connections to local job opportunities and employers looking to hire

Exploring Career Options

- Support with exploring your values, preferences and career interests
- Online assessment tools used to identify career matches
- Current information on job trends, wages, education requirements and training programs

Returning to School

- Help with developing a return to school plan and referrals to available resources that will support your learning needs
- Access to provincial funding programs that help with training costs

Career Counselling

- 1-1 counselling support to help deal with employment change and support informed career decisions
- Connection to community supports to address personal challenges
- In-depth assessment of career options and employment related needs

Please contact us by phone or email to arrange your appointment.

Email: staff@opportunityplace.ca

Phone: (902) 864-7520



NOVA SCOTIA WORKS



ARE YOU FEELING UNSATISFIED WITH YOUR CAREER,
OR CONSIDERING A CAREER TRANSITION?

CAREER COUNSELLING

THERE ARE TIMES WHEN YOU ARE FACED
WITH MAKING A CAREER CHANGE,
THOUGH ARE UNCERTAIN ABOUT WHERE
TO TURN TO FOR SUPPORT.

CAREER COUNSELLING OFFERS SPECIALIZED
COUNSELLING TECHNIQUES, TOOLS AND
RESOURCES TO PROVIDE CAREER GUIDANCE
WHEN FACED WITH DIFFICULT SITUATIONS

OUR CAREER COUNSELLOR CAN HELP TO
UNCOVER YOUR HIDDEN POTENTIAL AND
ASSIST YOU IN APPLYING STRATEGIES TO
RESOLVE EMPLOYMENT CHALLENGES.

CAREER COUNSELLING ENCOURAGES
SELF-REFLECTION AND CAREER EXPLORATION
IN SUPPORT OF PERSONAL CAREER
DEVELOPMENT.



THIS IS AN EXCELLANT TIME TO IDENTIFY YOUR
CAREER VALUES AND TAKE ACTION TO SUPPORT THEM.
WE ARE HERE TO HELP DURING THESE UNCERTAIN TIMES.
CALL 902-864-7520 TO BOOK YOUR APPOINTMENT.

FIND OUT TODAY IF YOU'RE ELIGIBLE TO APPLY FOR SUPPORT THROUGH EMPLOYMENT NOVA SCOTIA

Are you considering Returning To School? (Skills Development Program)

Training to help individuals obtain the skills they need to find work.



Having a hard time getting hired because of lack of Work Experience? (START Program)

Encourages employers to hire unemployed Nova Scotians requiring work experience.



Do you want to Start Your Own Business? (Self Employment Benefit Program)

Help for eligible individuals to open their own business.



Have you recently Graduated from a Post-Secondary Program? (Graduate to Opportunity Program)

Potential employer can access funding to help create a full time job for your post graduation.



**Call 902-864-7520 or email staff@opportunityplace.ca to
receive more information about accessing
Employment Nova Scotia Funding Programs.**

**Our staff will provide an overview of available programs
including details on eligibility criteria and how to apply.**



Opportunity Place

**108 Cobequid Rd. Suite 100
Lower Sackville, NS**



NOVA SCOTIA WORKS

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"LET'S TALK CAREERS"

HEAD START



Intro to Career Planning & How to
Navigate Conversations with Youth

LET'S TALK CAREER SESSIONS CAN:

- Help start career conversations between parents and students
- Build confidence in setting career and education goals
- Identify self assessment tools and strategies that can help in making career decisions
- Provide options for youth to develop skills and learn about careers
- Bring clarity and understanding to the role of labour market information in planning for the future
- Help parents and students learn more about opportunities in their community and across Nova Scotia

"LET'S TALK CAREERS" INFORMATION SESSION

Date: Tues, June 15th, 2021

Time: 11:00 - 12:30pm

Location: link to attend virtual session to be sent out upon registration

To Register:

letstalkcareers@islandemployment.ca



JUNE 2021

Workshop/ Webinar Calendar

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

Resumes Part 2
10:00 – 11:00

2

**Competitive
Job Search**
1:00 – 2:00

3

Interviews Part 1
10:00 – 11:00
Interviews Part 2
1:00 – 2:00

4

7

**Career
Planning**
10:00 – 11:00

8

LMI
10:00 – 11:00

9

Virtual Interviews
10:00 – 11:00

10

**Exploring
Self-Employment**
10:00 – 11:00
**Disability In The
Workplace**
1:00 – 2:00

11

14

Resumes Part 1
10:00 – 11:00
**Competitive
Job Search**
1:00 – 2:00

15

**Resumes Part
2**
10:00 – 11:00

16

**Social Media
& Job Search**
11:00 – 12:00
Smart Goals
1:00 – 2:00

17

Interviews Part 1
10:00 – 11:00
Interviews Part 2
1:00 – 2:00

18

21

**Career
Planning**
10:00 – 11:00

22

LMI
10:00 – 11:00

23

**Virtual
Interviews**
10:00 – 11:00
Coping with Job Loss
1:00 – 2:00

24

Workplace Success
10:00 – 11:00
**Confident Job
Seeker**
1:00 – 2:00

25

28

Resumes Part 1
10:00 – 11:00

29

Resumes Part 2
10:00 – 11:00

30

**Competitive
Job Search**
10:00 – 11:00



NOVA SCOTIA WORKS

Canada

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Opportunity Place

Workshop Descriptions

<u>June 2021</u>	<u>Exploring Self-Employment as A Career Option</u> Have you ever thought of creating your own employment? This workshop will introduce you to the pros and cons of self-employment, as well as tools and resources.
<u>Interviews Part 1 & 2</u> Open, manage, and close an interview – learn appropriate responses to difficult interview questions. Learn how to respond with confidence to behavioral and situational interview questions.	<u>Virtual Interviews</u> New to virtual interviewing? We can help you prepare! Learn tips and strategies for the technical set-up, professional presentation and planning for the unexpected.
<u>Labour Market Information (LMI)</u> Examine trends in the labour market to make informed decisions about your job search and employment path.	<u>Resumes for Results Part 1 & 2</u> Learn how to construct visually appealing and targeted resumes and cover letters that will get noticed by employers. Learn about formatting and how to market your skills.
<u>Coping with Job Loss/ Managing Change</u> Examine how change affects employability and develop strategies to cope with the challenges of being between jobs.	<u>Workplace Success.</u> Learn how to maintain employment and be successful in the workplace. Gain a better understanding of employer expectations and the qualities required to be a successful employee.
<u>Competitive Job Search Strategies</u> Put yourself in an employer's shoes and gain insight on how jobs are filled in today's labour market. Find out about the hidden job market and how to get your foot in the right doors.	<u>SMART Goals</u> A successful job search is more than knowing what you want to do, you need a plan on how you will get there. SMART goals put you on the path to success by creating clarity, focus and intention for reaching your ideal career.
<u>Disability in the Workplace</u> This workshop provides helpful tips for disclosing a disability, as well as requesting workplace accommodations. The rights and responsibilities of employees and employers are also discussed.	<u>Social Media & Job Search</u> Learn the role of social media as a way to connect with companies and individuals. This workshop will provide an overview of how to use social media effectively in your job search to uncover potential job leads.
<u>The Confident Job Seeker</u> Learn how to gain self-confidence that will create positive impacts in your job search. Using discussions and exercises, learn the source of low self-confidence and the steps to building self-confidence.	<u>Career Planning</u> Develop a self-inventory by evaluating your skills, abilities, interests and work values.

Sponsored by Opportunity Place Resource Association

Opportunity Place Career Resource Centre is funded through the Canada-Nova Scotia Labour Market Development Agreement under the direction of Employment Nova Scotia

The Opportunity Place (OPRA) Board of Directors is committed to respecting, fostering, and supporting diversity and inclusion at Opportunity Place within its leadership and governance.

Opportunity Place is sponsored by the Opportunity Place Resource Association (OPRA) -- a volunteer, not-for-profit association. OPRA believes that respect must be demonstrated by its leadership. Diverse and inclusive perspectives in decision-making produce better decisions.

An organization which reflects the diversity of the many networks, groups, and communities within a framework of respect, equity, sensitivity, and competency in all aspects will be more effective in serving and working within those communities.

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FINDING AND KEEPING TALENT

A WEBINAR FOR EMPLOYERS

WEDNESDAY JUNE 9TH, 2021

10:00 – 11:00 AM



LEARN WHERE TO FIND TALENT, RECRUITMENT AND
RETENTION TIPS, AND HOW NOVA SCOTIA WORKS CAN
SUPPORT YOU.



RSVP AT

EMPLOYERS@OPPORTUNITYPLACE.CA

OR CALL 902-864-7520





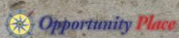
PRESENTS

CONFIDENT JOB SEEKER

FREE 1 HOUR WEBINAR

THURSDAY JUNE 24TH, 2021
1:00PM - 2:00PM

LEARN HOW TO GAIN SELF-CONFIDENCE
THAT WILL CREATE POSITIVE
IMPACTS IN YOUR JOB SEARCH.
USING DISCUSSIONS AND EXERCISES,
LEARN THE SOURCE OF LOW
SELF-CONFIDENCE AND THE STEPS TO
BUILDING SELF-CONFIDENCE.



TO REGISTER
EMAIL STAFF@OPPORTUNITYPLACE.CA

OR CALL 902-864-7520



FREE 1 HOUR WEBINAR

THURSDAY JUNE 24TH, 2021

1:00PM - 2:00PM



WORKPLACE SUCCESS

Learn how to maintain employment and
be successful in the workplace.

Gain a better understanding of
employer expectations and the qualities
required to be a successful employee.

REGISTER FOR THIS FREE 1 HOUR WEBINAR

CALL 902-864-7520 OR EMAIL

STAFF20PPORTUNITYPLACE.CA